Menu at the Pointe

	Sunday (11/1)	Monday (11/2)	Tuesday (11/3)	Wednesday (11/4)
Lunch	********** ***Baked Ham w/ Cranberry & Pineapple Glaze*** ********** **Sides** *Homemade Stuffing* *Greenbean Casserole* *Dinner Roll*	********** ***Baked Ziti w/Meat Sauce*** ********** ***Sides*** *Chef Choice Vegetables* *Toasted Slice of Italian Bread*	********** **Bruschetta Chicken** ********** **Sides** *Rice Pilaf* *Roasted Baby Carrots*	********** ***Smothered Pork Chop w/ Onions and Gravy*** ********** **Sides** *Garlic Mashed Potatoes* *Roasted Broccoli*
Dinner	***Hearty Beef Stew*** ********** **Sides** ********** *Slice of Fresh Baked Cornbread* **Soup of the Day** ***Chef's Choice***	***Honey Glazed Ham & Swiss Sliders*** ********** **Sides** ********** *Potato Chips* *Mixed Fruit Cup* ***Soup of the Day***	***Baked Macaroni & Cheese w/ Bacon Bits*** ********** **Sides** *Spinach, Walnut, & Apple Salad* *Fresh Baked Bread Stick* ********** **Soup of the Day** ***Chef's Choice***	***Hearty Homemade Chili*** ********** **Sides** *Slice of Fresh Baked Cornbread* *Topping Choices: Diced Onions, Shredded Cheddar Cheese & Oyster Crackers* ********** **Soup of the Day** ***Chef's Choice***

	Thursday (11/5)	Friday (11/6)	Saturday (11/7)
Lunch	********** ***Creamy Chicken Tortellini*** ********** **Sides** *Side Salad w/ Choice Dressing* *Garlic Bread*	********** ***Baked Tilapia*** ********** **Sides** *Scalloped Potatoes* *Roasted Broccoli*	********** ***Shrimp Scampi w/ Angel Hair Pasta*** ********** **Sides** *Three Cheese Garlic Bread* *Roasted Zucchini*
Dinner	***Salisbury Steak w/Mushroom Gravy*** ********** **Sides** *Homemade Mashed Potatoes* *Steamed Corn* ********** **Soup of the Day** ***Chef's Choice***	***Grilled Cheese*** ********** **Sides** *Tomato Soup* *Brussel Sprouts* ********** **Soup of the Day** ***Chef's Choice***	***Baked Sheperd's Pie*** ********** **Sides** *Fresh Baked Biscuit* ********** **Soup of the Day** ***Chef's Choice***

Foods with high salt content 

Heart Healthy 

Menu subject to change