

Menu at the Pointe

Lunch

Sunday (9/20)

***Brown Sugar Glazed Baked
Ham***

Sides

***Roasted Sweet
Potatoes***

Steamed Chopped Okra

Dinner Roll

Monday (9/21)

Spaghetti w/ Meat Sauce

Sides

***Slice of Italian Baked
Garlic Bread***

***Side Salad w/ Choice of
Dressing***

Tuesday (9/22)

***Lemon Honey Glazed
Chicken***

Sides

***Tuscan Roasted
Potatoes***

Harvard Beets

Wednesday (9/23)

***Shrimp & Vegetable Stir
Fry***

Sides

Steamed Brown Rice

Dinner

***Philly Cheesesteaks Topped
w/ Sauteed Green Peppers
& Onions***

Sides

***Steamed Broccoli
Potato Wedges***

***Soup of the Day
Chef's Choice***

***Twice Baked Potato
Casserole***

Sides

***Chef Choice Vegetables
Cottage Cheese and
Peaches***

Soup of the Day

***Polish Sausage on a
Bun***

Sides

***Kettle Chips
Corn on the Cob***

***Choice of Toppings:
Diced Onions, Pickle Relish,
Diced Tomatoes, Ketchup,
Mustard & Mayo***

***Soup of the Day
Chef's Choice***

Beef Goulash

Sides

***Buttered Eggs Noodles
Roasted Baby Carrots***

***Soup of the Day
Chef's Choice***

Lunch

Thursday (9/24)

Chicken Tacos

Sides

Tortilla Chips

Refried Beans

Shredded Lettuce, Diced Onions, Diced Tomatoes, Shredded Cheddar Cheese, Sour Cream & Salsa

Friday (9/25)

Mac & Cheese Bar

(Choice of Alfredo or Cheddar Mac)

Sides

Topping Choices:

Diced Onions, Diced Ham, Diced Tomatoes, Chopped Bacon, Shredded Cheddar Cheese & Diced Chicken Side Salad w/ Choice of Dressing

Saturday (9/26)

Smothered Meat Balls

Sides

Mashed Potatoes/ w Mushroom Gravy Steamed Corn

Dinner

Grilled Ham & Cheese

Sides

Sliced Tomato

Fruit Cup

Soup of the Day

Chef's Choice

Sloppy Joe on a Hamburger Bun

Sides

Homemade Vinaigrette

Coleslaw

Soup of the Day

Chef's Choice

Homemade Chicken Noddle Soup

Sides

Slice of Fresh Baked Cornbread or Crackers

Soup of the Day

Chef's Choice

Foods with high salt content 

Heart Healthy 

Menu subject to change