

Lunch

Thursday (7/9)

Open-Faced Roast Beef Sandwich

Sides

*Homemade Mashed Potatoes
w/ Beef Gravy
Buttered Corn*

Friday (7/10)

**Italian Sausage w/ Bell Peppers &
Onions**

Sides

*Baby Red Potatoes
Steamed Spinach*

Saturday (7/11)

Fish n' Chips

Sides

Homemade Coleslaw

Dinner

Crispy Chicken Garden Salad

Sides

*Buttered Garlic
Breadstick
Fresh Fruit*

**Soup of the Day
Chef's Choice**

Grilled Cheese

Sides

*Tomato Soup
Fresh Tossed Salad w/ Choice
of Dressing*

**Soup of the Day
Chef's Choice**

Ham Salad on Hawaiian Roll

Sides

*Kettle Chips
Pickled Beets*

**Soup of the Day
Chef's Choice**

Foods with high salt content 

Heart Healthy 

Menu subject to change

Menu at the Pointe

Lunch

Sunday (7/12)

**Fire-Braised Pork Roast w/
Pork Gray**

Sides

*Scalloped Potatoes
Maple Bacon Brussel
Sprouts*

Monday (7/13)

**Baked Rosemary
Chicken**

Sides

*Roasted Rosemary
Potatoes W/Carrots
and Onions*

Tuesday (7/14)

**Taco Salad Bar
Choice of Chicken or
Beef**

Sides

*Tortilla Chips
Spanish Rice
Shredded Lettuce, Diced
Onions, Diced
Tomatoes, Sour Cream
& Salsa*

Wednesday (7/15)

**Spaghetti w/ Meat
Sauce**

Sides

*Three Cheese Garlic
Bread
Side Salad w/ Choice
of Dressing*

Dinner

**Chef's Salad Topped w/ Deli
Turkey & Ham w/ Choice of
Dressing**

Sides

*Fresh Baked Breadstick
Peach Slices w/ Cottage
Cheese*

**Soup of the Day
Chef's Choice**

Chicken Patty on a Bun

Sides

*Mac & Cheese
Steamed Cauliflower*

**Soup of the Day
Chef's Choice**

Egg Salad on a Croissant

Sides

*Tomato Cucumber
Salad*

**Soup of the Day
Chef's Choice**

Deli Sub Sandwiches

*Italian Pasta Salad
Pickle Spear
Sides*

**Soup of the Day
Chef's Choice**

Lunch

Thursday (7/16)

Open-Faced Turkey Sandwich

Sides

*Homemade Mashed Potatoes
w/ Turkey Gravy
Creamed Corn*

Friday (7/17)

Bacon Cheeseburgers

Sides

*Potato Chips
Coleslaw*

Saturday (7/18)

Chicken Alfredo

Sides

*Three Cheese Garlic Bread
Tossed Salad*

Pork Tenderlion Sandwich

Sides

*Potato Wedges
Pea Salad*

**Soup of the Day
Chef's Choice**

BBQ Chicken Wraps

Sides

*Macaroni Salad
Mixed Fruit Cup
Wraps Include:
Shredded Lettuce, Diced
Chicken, Bacon Bits, Shredded
Cheese & BBQ Sauce*

**Soup of the Day
Chef's Choice**

Polish Sausage w/ Bun

Sides

*Homemade Potato Salad
Watermelon*

**Soup of the Day
Chef's Choice**

Dinner

Foods with high salt content



Heart Healthy



Menu subject to change

Menu at the Pointe

Lunch

Sunday (7/19)

Honey Glazed Ham

Sides

Baked Sweet Potato
Seasoned Green Beans
Dinner Roll

Monday (7/20)

Grilled Chicken Breast

Sides

Buttered Rice Pilaf
Broccoli w/ Cheese

Tuesday (7/21)

Mac & Cheese Bar
(Choice of Alfredo or
Cheddar Mac)

Sides

Topping Choices:
Diced Onions, Diced Ham,
Diced Tomatoes, Chopped
Bacon, Shredded Cheddar
Cheese & Diced Chicken
Side Salad w/ Choice of
Dressing

Wednesday (7/22)

Meatloaf

Sides

Home Made Mashed
Potatoes w/ Gravy
Buttered Corn

Dinner

Ham & Swiss Sliders
(Hot or Cold)

Sides

French Fries
Cucumber Salad

Soup of the Day
Chef's Choice

Beef Hoagie w/
Mozzarella Cheese on a
Garlic Butter Toasted Bun

Sides

Baked Beans
Coleslaw

Soup of the Day
Chef's Choice

BLT'S

Sides

Cottage Cheese Cups
Potato Chips

Soup of the Day
Chef's Choice

Chicken Cavatappi

Sides

Italian Garlic Clove
Bread
Chopped Salad w/
Choice of Dressing

Soup of the Day
Chef's Choice

Lunch

Thursday (7/23)

Grilled Beef Hot Dogs

Sides

Macaroni Salad

Fresh Fruit

Friday (7/24)

Garlic Butter Cod

Sides

Cheddar Biscuit

Brown Sugar Glazed Baby

Carrots

Saturday (7/25)

Taco Casserole

Sides

Tortilla Chips

Mexican Street Corn

Dinner

Sloppy Joe on a Bun

Sides

Potato Salad

Fruit Cup

Soup of the Day

Chef's Choice

Meatball Subs

Sides

French Fries

Creamy Coleslaw

Soup of the Day

Chef's Choice

Chicken Cordon Bleu

Sides

Long-Grain Wild Rice

Sweet Peas

Soup of the Day

Chef's Choice

Foods with high salt content 

Heart Healthy 

Menu subject to change