

## Menu at the Pointe

### Lunch

**Sunday (2/15)**

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**Pork Loin w/ Gravy**

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**Sides**

Stuffing

Green Beans



**Carolyn's  
Birthday!!!**

**Monday (2/16)**

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**Meatball Sub Sandwich  
w/ Mozzarella Cheese**

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**Sides**

Kidney Bean Salad

Capri Vegetable Blend

**Tuesday (2/17)**

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**Beef Taco Salad**

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**Sides**

Tortilla Chips

Shredded Lettuce,  
Diced Onions, Diced  
Tomatoes, Shredded  
 Cheddar Cheese,  
Sour Cream & Salsa

**Wednesday (2/18)**

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**Chicken Parmesan**

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**Sides**

Buttered Spaghetti

Noodles  
Tossed Salad w/  
Choice of Dressing

**Hot Dog on a Sesame Seed  
Bun**

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**Sides**

French Fries

Choice of Toppings:  
Diced Onions, Pickle  
Relish, Diced Tomatoes,  
Ketchup, Mustard &  
Mayo

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**Soup of the Day  
Chef's Choice**

**Cheese Stuffed Shells**

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**Sides**

Chopped Salad w/  
Choice of Dressing

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**Soup of the Day**

**Chicken Bacon Ranch  
Sandwich**

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**Sides**

Homemade Coleslaw

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**Soup of the Day  
Chef's Choice**

**Sloppy Joe on a  
Hamburger Bun**

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**Sides**

Three Bean Salad  
Macaroni Salad

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**Soup of the Day  
Chef's Choice**

### Dinner

## Lunch

**Ed's Birthday!!!**

**Thursday (2/19)**

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**Sweet & Sour Meatballs**

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**Sides**

*Steamed White Rice*

*Far East Vegetables*

**Rich's Birthday!!!**

**Friday (2/20)**

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**Oven-Baked Salmon Filet**

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**Sides**

*Rice Pilaf*

*Key West Vegetables*

**Saturday (2/21)**

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**Spaghetti w/ Meat Sauce**

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**Sides**

*Slice of Italian Baked Garlic Bread*

♥ *Side Salad w/ Choice of Dressing*

**Deli Sub Sandwich**

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**Sides**

*Chips*

*Fruit Cup*

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**Soup of the Day**

**Chef's Choice**

**Beef Hoagie w/ Mozzarella Cheese  
on a Toasted Sesame Seed Bun**

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**Sides**

*Pork n' Beans*

♥ *Tomato Cucumber Salad*

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**Soup of the Day**

**Chef's Choice**

**Hearty Beef Stew** 

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**Sides**

*Slice of Fresh Baked Cornbread*

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**Soup of the Day**

**Chef's Choice**

## Dinner

Foods with high salt content 

Heart Healthy ♥

Menu subject to change