

NEWS RELEASE



For Immediate Release

RHF and Community Partners Celebrate Opening of New Affordable Senior Housing Community in Chula Vista

Congregational Place brings 55 new homes, resident services, and community amenities to adults 55+, with on-site healthcare planned through San Ysidro Health

CHULA VISTA, Calif. (August 18, 2026) -- Retirement Housing Foundation (RHF), Community Congregational Development Corporation (CCDC), Chula Vista Mayor John McCann, residents, and community partners today joined together for a ceremonial ribbon-cutting and open house to celebrate the opening of Congregational Place, a new affordable senior housing community in the heart of Chula Vista for adults age 55 and older.

The seven-story community at Third Avenue and E Street includes 55 one-bedroom apartments, along with an array of indoor and outdoor spaces designed to foster active senior living. The facility features a large outdoor terrace with a yoga lawn, community garden plots, a barbecue area, a walking circuit, an arts and crafts room, a computer lab, and an on-site service coordinator.

“As our senior population continues to grow, we need more affordable housing options that recognize that a home is only one part of what helps older adults remain independent and connected to their community,” said Stuart Hartman, President & CEO of RHF. “Congregational Place brings together housing, services, and amenities in one location. We are proud to open the doors to this beautiful new community and welcome our residents home.”

The opening comes as Chula Vista and the broader San Diego region prepare for significant growth in their older populations. Locally, the City of Chula Vista has projected that its population age 55 and older will double over a 30-year period. This local surge mirrors a massive countywide trend: across San Diego County, nearly one in four residents is already age 60 or older, with the region's total senior population projected to top one million residents by 2040. This dramatic demographic shift is increasing the critical need for housing options that connect older adults with services, transit, and opportunities to remain engaged.

“Congregational Place is an important addition to Chula Vista for our senior residents,” said Chula Vista Mayor John McCann. “This new community provides residents with quality homes in the heart of the city that fosters connection and is close to transportation, health services, and the places that keep residents connected to their community.”

Congregational Place is the second senior community in Chula Vista developed through the partnership between RHF and CCDC. Located at the northern gateway to Chula Vista’s historic downtown, the community is within walking distance of the city’s senior center, central library, grocery stores, restaurants, and public transportation.

“People who have worked hard all of their life deserve a safe and comfortable place to live in their golden years, regardless of their income,” said Ruth Jones, President, CCDC. “Congregational Place reflects our mission to serve seniors with housing, services and respect. We are so grateful to welcome residents into their new homes and for this collaboration that made this new community possible.”

The new community was purposefully designed to support residents as their needs change over time. All 55 units are 100% affordable. Half of the apartments on floors two through seven are designed to be fully accessible for individuals with mobility impairments, with an additional 2% uniquely tailored to support those with hearing or visual impairments. Individual apartments feature full kitchens, individually controlled heating and air conditioning, and tailored bathroom safety features. Additionally, sustainability is a key feature of the project, incorporating solar panels, battery storage, water-conserving fixtures, and Energy Star appliances to reduce utility costs.

“Moving to Congregational Place has given me more than a new apartment, it has given me a real sense of community,” said Jimmy Lontayoa, Congregational Place resident. “I’ve gotten to know my neighbors, I feel connected to the people around me, and I feel like I belong here. Having a place that feels like home and a community where people look out for one another means so much to me.”

Integrated Health Services Planned for the Coming Year

Work continues on the first floor of the community, where a brand-new San Ysidro Health PACE center is expected to open within the next year. Once complete, the PACE center will provide preventive, primary, acute, and long-term medical care for eligible older adults living at Congregational Place and throughout the surrounding South Bay community.

Consolidated Contracting led the construction of Congregational Place, which originally broke ground in 2024. The project was made possible through public and private support from partners including CCRC and Wells Fargo. For more information about leasing opportunities, please visit www.rhf.org.

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About Retirement Housing Foundation (RHF)

Founded in 1961, Retirement Housing Foundation (RHF) provides affordable housing and supportive services to help older adults, low-income families, and people with disabilities live independently with dignity. Today, more than 19,000 residents call RHF home in communities across the country, supported by a dedicated property management and services team.

About Community Congregational Development Corporation (CCDC)

Community Congregational Development Corporation (CCDC) is a 501(c)(3) nonprofit based in Chula Vista that supports seniors in the South Bay through housing, transportation, and programs that promote social engagement.

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