Sunday Monday Tuesday Wednesday Thursday Saturday Friday 0:00 Brain & Body Workout (CR) 10:00 Bible Study w/Pastor Harold *(LR)* 10:00 Body Flex Stretches *(CR)* 10:30 Coffee & Daily Chronicles (LR) **MARCH 2024** 10:30 Coffee & Trivia (CR) 12:00 Pet Therapy (CR) 12:30 Wii Bowling *(CR)* 1:30 Ring Toss (CR) 2:00 Uno (CR) 1:30 "The Vintage People" 3:00 Trivia- Who stars in this movie The Pointe at Kilpatrick Choir Rehearsal (CR) 2:30 Let's Get Crafty W/Deb 6:30 Bingo (MDR) Life Enrichment Calendar Country Store Open 5:45 Movie Matinee (CR) 3 10:00 80's R&B Seated Exercise 4 10:00 Supremes Seated Workout 5 10:00 Chair Yoga Stretch & Strength 10:00 Oak Tree Church (CR) (CR) Activity Packets at Front Desk 10:00 Coffee & Cranium 10:00 Brain & Body Workout (CR) 10-1 Spring Vendor Fair 10:30 Coffee & Daily Chronicles (LR) 10:30 Coffee & Cranium 10:30 Coffee & Current Events (LR) 10:00 Bible Study w/Pastor Harold (LR) Crunches (LR) 11:00 Vital Signs & Weight Clinic (Fit) 10:30 Coffee & Daily Chronicles (CR) Crunches (LR) 12:30 Polish me Pretty Nails (CR) 9:30 Catholic TV Mass (CR) 12:30 Prize Bingo (CR) 1:30 "The Vintage People" 12:30 Family Feud (CR) 12:30 Taboo Game (CR) 12:30 Spin It to Win It (CR) 2:00 Outing-Walgreens 0:00 Body Flex w/Sandy 1:30 Put Put Golf (CR) 2:00 -Entertainment-Fran Marie Choir Rehearsal (CR) 2:00 Ring Toss (CR) 2:00 Ice Cream Social (CR) 5:45 Movie Matinee & Popcorn (MDR) 3:00 Trivia-Name the Animal? 2:30 Pictionary (CR) 3:00 Jenga (CR) 3:00 Trivia- What am I? (CR) 6:30 Bingo (MDR) 10:30 Coffee & Inspiration (CR) 6:30 Bingo (MDR) (CR) 5:45 Movie Matinee (CR) 6:30 Bingo (MDR) 12:30 Table Hockey (CR) 5:45 Movie Matinee & Popcorn Country Store Open **Country Store Open** 2:00 Happy Hour Karaoke (CR) (CR) **Country Store Open** 10:00 Disco Seated Exercise (CP) 1 10:00 Bee Gee's Seated Workout (CP2 10:00 Chair Yoga Stretch & Strength 3 (CR) 10:30 Coffee & Cranium Activity Packets at Front Desk 10:00 Coffee & Cranium 0:00 Brain & Body Workout (CR) 10:00 Body Flex Stretches *(CR*) 12:30 Polish me Pretty Nails (CR) 10:30 Coffee & Daily Chronicles (LR) Crunches (LR) 10:00 Bible Study w/Pastor Harold (LR) Crunches (LR) 10:30 Coffee & Trivia (CR) 1-2:30 Marquette Bank (PDR) 12:30 Wii Bowling (CR) 12:30 Wii Bowling (CR) 10:30 Coffee & Daily Chronicles (LR) 12:30 Wii Bowling *(CR)* 9:30 Catholic TV Mass (CR) 11:30 Outing-Country House 2:00 Town Hall (CR) 2:00-Entertainment Roxanne (MDR) 12:00 Pet Therapy (CR) 2:00 Hole in one Golf (CR) 3:00 Card Game - Uno (CR) 10:00 Body Flex w/Sandy (CR) 6:30 Bingo (MDR) 2:00 Telephone (CR) 1:30 "The Vintage People" 1:30 Trivia Ball Toss (CR) 3:00 Painting (CR) 5:45 Movie Matinee & Popcorn (CR) 2:00 Let's get Crafty w/Deb- (CR) 3:00 Name That Tune (CR) Choir Rehearsal (CR) 2:30 Left Right Center (CR) 6:30 Bingo (MDR) **Country Store Open** 6:30 Bingo (MDR) 5:45 Movie Matinee & Popcorn 2:30 Let's Get Crafty W/Deb 11-1 Pasta Bar Beauty Shop/Barber Open Country Store Open **Country Store Open** Ramadan Begins 5:45 Movie Matinee (CR) **Daylight Saving Time Begins** 10:00 Oak Tree Church (CR) **21** 10:00 60's Seated Exercise (CR) 8 10:00 Big Band Seated Workout 19 10:00 Chair Yoga Stretch & Strength St. Patrick's Day Lunch 17 10:30 Coffee & Cranium 10:00 Coffee & Cranium 10:00 Brain & Body Workout (CR) 10:30-12:30 Easter Brunch 10:00 Food Committee Meeting w/ Che Crunches (LR) 10:30 Coffee & Current Events (LR) 10:00 Bible Study w/Pastor Harold (LR) Crunches (LR) Activity Packets at Front Desk Karl (LR) 12:30 Spin It To Win It (CR) 12:30 Polish me Pretty Nails (CR) 10:30 Coffee & Daily Chronicles (LR) 12:30 Prize Bingo (CR) 10:30 Coffee & Daily Chronicles (LR) 9-2 Spring Fling Event 1:30 Dancercise (CR) 2:00 Ice Cream Social (CR) 2:00 Balloon Volleyball (CR) 9:30 Catholic TV Mass (CR) 12:30 Wii Bowling (CR) 2:00 Outing-Walmart 2:30 Who Am I? (CR) 2:00 Password (CR) 3:00 Trivia-What in the World(CR) 3:00 Card Game- Kings in the 10:00 Body Flex w/Sandy *(ĆR)* 2:00-Entertainment-Wynn Mainze 5:45 Movie Matinee & Popcorn 3:00 Telephone (CR) 5:45 Movie Matinee (CR) 6:30 Bingo (MDR) 10:30 Coffee & Inspiration (CR) Corner (CR) 6:30 Bingo (MDR) (CR) 5:45 Movie Matinee & Popcorn 12:30 Table Hockey (CR) 6:30 Bingo (MDR) 2:00 St. Patrick's Day Happy Hour **Country Store Open Country Store Open** Karaoke (CR)st. Patrick's Day **Country Store Open** Spring Begins Purim Begins 24 10:00 70's Seated Exercise (CR25 10:00 50's Seated Workout (CR) 10:00 Chair Yoga Stretch & 10:30 Coffee & Current Events (LR) Strength (CR) 10:00 Brain & Body Workout (CR) 10:30 Coffee & Cranium 10:00 Coffee & Cranium 10:00 Body Flex Stretches (CR) Activity Packets at Front Desk 10:00 Bible Study w/Pastor Harold (LR) 12:30 Polish me Pretty Nails (CR) 10:30 Coffee & Daily Chronicles Crunches (LR) Crunches (LR) 10:30 Coffee & Trivia (CR) 10:30 Coffee & Daily Chronicles (LR) 12:30 Balloon Volleyball (CR) 1-2:30 Marguette Bank (PDR) 9:30 Catholic TV Mass (CR) 12:30 Prize Bingo (CR) 12:30 Wii Bowling *(CR)* 12:00 Pet Therapy (CR) 2:00 Picture Me This - Bring 2:00 Community Bingo (MDR) 12:30 Password *(CR)* 0:00 Body Flex w/Sandy (CR) 1:30 Ring Toss (CR) 1:30 "The Vintage People" 2:00 Outing-5 Below Picture of you as a child. (CR) 3:00 Card Game – Uno (CR) 2:00 Culinary Club (CR) 2:00 Trivia Ball Toss (CR) 0:30 Coffee & Inspiration (CR) Choir Rehearsal (CR) 5:45 Movie Matinee & Popcorn 3:00 Make a Collage (CR) 5:45 Movie Matinee & Popcorn 3:00 Resident Council (CR) 3:00 Birthday Bash (CR) 12:30 Wii Bowling (CR) 2:30 Let's Get Crafty W/Deb (CR) 6:30 Bingo (MDR) 6:30 Bingo (MDR) 6:30 Bingo (MDR) 2:00-The Vintage People Country Store Open Beauty Shop/Barber Open Performance (MDR)
Palm Sunday 5:45 Movie Matinee (CR) **Country Store Open Country Store Open** 31 Activity Packets at Front Desk **LOCATION KEY** CR- Community Room IDR- Main Dining Room 9:30 Catholic TV Mass (CR) R- Living Room 0:00 Body Flex w/Sandy (CR) IT- Fitness Center 10:30 Coffee & Inspiration (CR) - Library 12:30 Balloon Volleyball (CR) 2:00 Happy Hour Karaoke (CR) PDR- Private Dining Ro ***Activities are subject to change** Easter Sunday